

Message from Editor-in-Chief

Dear Readers,

I am delighted to present Volume 2, Issue 2 of "SAMHITA" Multi-Disciplinary Research Journal. As we continue to explore the intersections of various disciplines, this issue showcases the resilience and innovative spirit of our community. Within these pages, you will find a diverse range of research, insightful perspectives, and thought-provoking discussions that reflect the ongoing growth and development in our field.



Dr. Zarna Dedania
Editor-in-Chief,
"SAMHITA" Multi-Disciplinary
Research Journal

This issue features original research articles, reviews, and case studies that highlight significant advancements, emerging trends, and practical applications. Our contributors have thoughtfully examined critical issues, Transgender Health Disparities, Global Health Governance, Human Rights and Development, Revolutionary Movements of Gujarat from 1857 to 1947, Formulation and assessment of Herbal Toning Product, pushing the boundaries of knowledge and encouraging dialogue across fields. We are proud to feature contributions that challenge existing paradigms, open new avenues for exploration, and spark meaningful conversations among scholars, practitioners, and policymakers.

The success of this issue is a testament to the tireless efforts of our authors, peer reviewers, and the editorial team, whose dedication ensures that "SAMHITA" Multi-Disciplinary Research Journal remains a leading platform for high-quality multidisciplinary research. I would like to take this opportunity to express my sincere gratitude to everyone involved in this publication. Without your hard work, this issue would not have been possible.

I would like to extend my sincere gratitude to our esteemed Associate Editor, Ms. Grishma Desai, Assistant Professor, Bhagwan Mahavir College of Pharmacy, for their exceptional contributions to the success of this issue. Their unwavering commitment, meticulous attention to detail, and dedication to maintaining the highest standards of academic excellence have been invaluable in shaping this volume.

As we look ahead to future issues, we encourage you to stay engaged with our journal, submit your own work, and share your ideas. Your contributions are essential to advancing the dialogue in our field.

Thank you for your unwavering support of "SAMHITA" Multi-Disciplinary Research Journal, and we hope you find this issue both enriching and inspiring.

Warm Regards